



INDIAN SCHOOL AL WADI AL KABIR

DEPARTMENT OF EVS (2023 – 2024)

LESSON 8: KEEPING CLEAN AND HEALTHY

WORKSHEET-2

RESOURCE PERSON: Mrs. SIRISHA

NAME: _____ CLASS: I SEC: _____ DATE: _____

I. Fill in the blanks by using the keywords given below to complete the sentences.

cleanliness	healthy	bathe	exercise	germs	dustbin	habits
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1. We must follow good _____.
2. _____ is an important habit.
3. Eating fruits and vegetables keep us _____.
4. We must _____ everyday and wear clean clothes.
5. All waste must be put in a _____.
6. _____ make us sick.
7. _____ is necessary for good health.

II. Answer the following questions.

1. Write three ways in which we keep our body healthy.

Ans:

CHECKED BY: ACADEMIC COORDINATOR – CLASS - I
ISWK/DEPARTMENT OF EVS /2023-2024

